

Chlamydia and STD Resources for Healthcare Providers



Contents

This document contains information on available online and in-person CME opportunities, materials to use in teaching healthcare providers, sources of public education materials for patients, and clinical practice tools. All resources listed were reviewed for scientific and technical accuracy by members of the National Chlamydia Coalition (NCC).

I. Provider learning materials + CMEs

II. Teaching and clinical presentation materials

III. Patient education materials

IV. Clinical practice tools

V. Policy maker resources

“Screen all sexually active females 24 years of age and younger for chlamydia annually”

–US Preventive Services Task Force

Provider Learning Materials + CMEs

Why Screen for Chlamydia? An Implementation Guide for Healthcare Providers

FREE

(National Chlamydia Coalition)

A short guide for providers to improve delivery of chlamydia screening, take a sexual history and provide confidential care to adolescents. Available online from: www.prevent.org/ncc. Pdf can be downloaded for free. Print copies available for purchase; bulk orders available.

Covering the Bases: Adolescent Sexual Health

\$60 members; \$75 non-members

(American Academy of Pediatrics)

Online CME course developed with CDC to help pediatricians overcome their self-reported barriers to STD and HIV prevention counseling and testing for adolescents. Available online at:

<http://www.pedialink.org/cmefinder/search-detail.cfm?key=09a777d8-bc39-447e-b5d7-92336c733d2c&type=course&grp=2&task=details>.

Clinical Cases in Pediatric and Adolescent Gynecology

\$150 members; \$175 non-members

(American College of Obstetricians and Gynecologists)

Interactive educational cd-rom containing 2 cases on STDs. Up to 20 hours CME. Order online at www.acog.org.

Health Care for Adolescents

\$25 members; \$39 non-members

(American College of Obstetricians and Gynecologists)

This resource includes valuable information on the provision of health care to adolescent patients. Topics include primary care for adolescent females, confidentiality in adolescent health care, and sexually transmitted disease screening. Available online for members. Order online at www.acog.org.

Online Chlamydia Course

FREE

(California STD/HIV Prevention Training Center)

This web-based training course is for practicing clinicians who care for women of reproductive age, including adolescents. The training is designed to increase knowledge of asymptomatic chlamydia infection and the importance of screening young sexually active women. In addition, management of chlamydia-infected patients and their partners is covered. Registration, completion of the exercise and the exam should take about 1 hour.

2 hours CME. Available at: http://stdhivtraining.net/educ/training_module/index.html.

On-line STD Cases

FREE

(National Network of STD/HIV Prevention Training Centers (NNPTC))

Web-based case series for practicing clinicians who diagnose, treat, and manage patients with, or at risk for, STDs. 1 hour CME. Available at: <http://www.stdhivtraining.net/nnptc/start.cfm>.

Book Chapter, Chlamydial Infections by Albert John Phillips

FREE

(Nurse Practitioners in Women's Health)

From Sexually Transmitted Diseases: A Practical Guide for Primary Care (Current Clinical Practice, Anita L. Nelson and Jo Ann Woodward, eds., Humana Press, Totowa, New Jersey, 2006.

Available at: <http://www.npwh.org/files/public/Phillips%20chapter.pdf>.

“If 90 percent of eligible young females were screened for chlamydia, 30,000 cases of pelvic inflammatory disease would be prevented each year”

- National Commission on Prevention Priorities

Teaching and Clinical Presentation Materials

STD 101 in a Box: Ready-to-Use Presentations (Centers for Disease Control and Prevention)

FREE

The purpose of STD 101 in a Box is to provide users with materials so that they may develop workshops. The downloadable materials may be customized for conferences, group discussions, and presentations. Available at: <http://www.cdc.gov/std/training/std101/>.

Core Curricula for Clinical Training Courses (National Network of STD/HIV Prevention Training Centers (NNPTC))

FREE

Curriculum outlines for 14 STD management topics, including chlamydia. Can be used as the basis for clinical presentations. Available at: http://depts.washington.edu/nnptc/core_training/clinical/PDF/Chlamydia2007.pdf.

Materials for Professionals and Tribal Healers (Red Talon)

FREE

STD and HIV Power Point slides, brochures and other materials. Available at: http://www.npaihb.org/epicenter/project/prt_reports_publications_media_materials/.

“Use all medical visits, not just well care visits, to update needed screening and preventive care”

- See *Why Screen for Chlamydia?* for additional information and citations

Patient Education Materials

Patient and Parent Education Materials (Advocates for Youth)

Some FREE

Online information and products, such as fact sheets, multimedia materials, and publications (some available in Spanish), including materials on parent-child communication. Available online at:

www.advocatesforyouth.org/parents.index.html.

Patient Education Materials (American College Health Association)

Brochures produced by ACHA targeted to college students on multiple STI topics are available for purchase at

www.acha.org.

Patient and Parent Education Materials (American Social Health Association)

Some FREE

Online and printed information and publications on multiple STD topics. Many items available in Spanish. Charge for some materials. Available at: www.ASHAstid.org.

Patient Education Materials (Centers for Disease Control and Prevention)

FREE

Online materials on many STD topics, many available in Spanish.

Chlamydia brochure available at: <http://www.cdc.gov/std/chlamydia/the-facts/default.htm>.

Chlamydia fact sheet available at: <http://www.cdc.gov/std/Chlamydia/STDFact-Chlamydia.htm>.

Pelvic Inflammatory Disease brochure available at: <http://www.cdc.gov/STD/PID/the-facts/>.

Safe in the City (Centers for Disease Control and Prevention)

FREE

A 23 minute educational video intended to promote condom use for STD prevention. Video designed to be shown in STD clinic waiting rooms. To order the video or preview online, see: <http://www.safeinthecity.org/>.

Clinical Practice Tools

Tips for Protecting Youth Confidentiality (Adolescent Health Work Group)

FREE

<http://www.adolescenthealth.org/clinicalcare.htm>

For AAP members: http://www.aap.org/moc/AdolHandouts_AAPMbrs/ProviderHandouts.htm.

Health Care for Adolescents (American College of Obstetricians and Gynecologists)

\$25 members; \$39 non-members

This resource includes valuable information on the provision of health care to adolescent patients. Topics include primary care for adolescent females, confidentiality in adolescent health care, and sexually transmitted disease screening. Order online at www.acog.org.

Tool Kit for Teen Care (American College of Obstetricians and Gynecologists)

\$45 members; \$55 non-members

The Tool Kit for Teen Care is a comprehensive resource to help every office care for adolescent patients. Features include: a letter that can be sent to adult patients and a tent card for the reception area to assist in attracting adolescents into the practice; tips for creating an adolescent-friendly environment in the office and for talking with teens; tools for adolescent assessment, including laminated cards with the stages of pubertal development, blood pressure readings, and body mass index calculations; an adolescent visit questionnaire and adolescent visit record, along with instructions for their use to facilitate the visit with the adolescent; a primer on CPT coding for adolescent services, complete with a summary of codes to use for more common visits and a more in-depth discussion of several case scenarios and the appropriate method by which to code; and educational materials and fact sheets for patients-both teens and their parents. Fact sheets and visit record sold separately. Order online at www.acog.org.

ACOG Committee Opinion, Sexually Transmitted Diseases in Adolescents (American College of Obstetricians and Gynecologists)

FREE

Single copy available by emailing adolhlth@acog.org.

Chlamydia Care Quality Improvement Toolbox FREE
(California Chlamydia Action Coalition)

<http://www.igh.org/castd/toolbox>

Health Survey for Adolescents – Trigger FREE
(New York State Department of Health, Office of Managed Care)

An example of a brief tool addressing high priority adolescent risk behaviors. Available in English and Spanish.

http://www.nyhealth.gov/health_care/managed_care/reports/qui/adolescent/docs/trigger.pdf

<http://www.adolescenthealth.org/clinicalcare.htm>

For AAP members: http://www.aap.org/moc/AdolHandouts_AAPMbrs/ProviderHandouts.htm.

Minors' Access to Confidential Reproductive Healthcare - 11 states FREE
(Physicians for Reproductive Choice and Health)

A guide to confidentiality and disclosure issues for 11 U.S. states. Available at:

<http://www.prch.org/resources/index.php?pid=120&tpid=3>.

Billing for Confidential Adolescent Health Services FREE
(Society for Adolescent Medicine and American Academy of Pediatrics / Section on Adolescent Health)

Addresses HIPAA regulations, confidential billing, and access to routine chlamydia screening for sexually active adolescent girls.

<http://www.adolescenthealth.org/clinicalcare.htm> and for AAP members:

http://www.aap.org/moc/AdolHandouts_AAPMbrs/ProviderHandouts.htm.

Coding for Confidential Adolescent Health Services FREE
(Society for Adolescent Medicine and American Academy of Pediatrics / Section on Adolescent Health)

<http://www.adolescenthealth.org/clinicalcare.htm>

For AAP members: http://www.aap.org/moc/AdolHandouts_AAPMbrs/ProviderHandouts.htm.

Provider Letter to Adolescents

FREE

(Society for Adolescent Medicine and American Academy of Pediatrics / Section on Adolescent Health)

Letter to patients/families that explains confidentiality. Is adaptable. To substitute your state/local YRBS data go to <http://apps.nccd.cdc.gov/yrbss/>.

<http://www.adolescenthealth.org/clinicalcare.htm>

For AAP members: http://www.aap.org/moc/AdolHandouts_AAPMbrs/ProviderHandouts.htm.

Patient Vignettes as Examples for Billing Confidentially for Adolescent Sexual Health Services

FREE

(Society for Adolescent Medicine and American Academy of Pediatrics / Section on Adolescent Health)

Patient vignettes as a model for confidential CPT coding related to adolescent services.

<http://www.adolescenthealth.org/clinicalcare.htm>

For AAP members: http://www.aap.org/moc/AdolHandouts_AAPMbrs/ProviderHandouts.htm.

“All 50 states and the District of Columbia allow teens under 18 years of age to consent to their own health services for STDs”

See *Why Screen for Chlamydia?* for additional information and citations

Policy Maker Resources

Preventing HIV/AIDS & Sexually Transmitted Diseases Tool Kit FREE (Council of State Governments)

The Preventing HIV/ AIDS & Sexually Transmitted Diseases Tool Kit includes a policy overview for preventing HIV/ AIDS and STDs, information on populations at risk, prevention programs: state, federal & community-based, HIV/AIDS and STD prevention efforts: how legislators can act, talking points and a resource list for state legislators and other state policy makers. The tool kit can be downloaded for free from the website. Available online at: <http://www.healthystates.csg.org/NR/rdonlyres/BD9B3297-F077-4B9D-8DEA-53ED41C25CD9/0/STDToolkit2006.pdf>.

Chlamydia Screening and Treatment FREE (Council of State Governments)

The Chlamydia Screening and Treatment booklet includes information on what state legislators and other state policy makers could do to help prevent chlamydia and how they can contribute to state and local efforts to identify and treat those affected. The booklet can be downloaded for free from the website. Available online at: <http://www.healthystates.csg.org/NR/rdonlyres/62DCD744-4CD2-406B-8540-08C690F2493B/0/chlamydia.pdf>.

Talking Points: Expedited Partner Therapy for Sexually Transmitted Diseases FREE (Council of State Governments)

Two-page brief that provides talking points for state legislators and other state policy makers on expedited partner therapy (EPT) for sexually transmitted diseases. Includes links to a CDC web tool designed to help legislators begin to understand the legal landscape for EPT in their state. Available online at: <http://www.healthystates.csg.org/NR/rdonlyres/FABEFC63-79F8-47D7-98D5-20E7F112CC9E/0/EPTSources.pdf>.

Talking Points: Confronting Disparities in Sexually Transmitted Diseases FREE (Council of State Governments)

Two-page brief that provides talking points for state legislators and other state policy makers on confronting disparities in sexually transmitted diseases. The talking points can be downloaded for free from the website. Available online at: <http://www.healthystates.csg.org/NR/rdonlyres/DEF94DFB-4635-446B-B071-FEDFE1F20EAB/0/STDDisparitiesTP2wrefs.pdf>.

State Facts: HIV/AIDS
(Council of State Governments)

FREE

Three-page fact sheet provides an overview of HIV/AIDS in the U.S., as well as state by state statistics on AIDS rates, federal program spending, and health departments that offer routine HIV screening.

Available online at: http://www.healthystates.csg.org/NR/rdonlyres/0B85A934-68AB-4B90-A733-73454C1E221F/0/TIA_FF_HIV_AIDS2.pdf.

State Facts: Adolescent and Young Adult Sexual Health
(Council of State Governments)

FREE

Two-page fact sheet provides state by state statistics on adolescent sexual health, including teen birth rates, sexually transmitted disease rates, sexual risk behaviors, and sex education and STD/HIV education mandates.

Available online at: http://www.healthystates.csg.org/NR/rdonlyres/A779BBC7-99B7-4D9C-8CA3-FCD0514DCC92/0/TIA_FF_Adolescent_Sex_Health.pdf.